

Did You Know...

A guideline was added for FY 2019 year that states, "Do not assign BMI codes during pregnancy."



Guideline Alert

Z68

Body mass index (BMI)

BMI codes should only be assigned when the associated diagnosis (such as overweight or obesity) meets the definition of a reportable diagnosis (see Section III, Reporting Additional Diagnoses). Do not assign BMI codes during pregnancy. See Section I.B.14 for BMI documentation by clinicians other than the patient's provider.



Weight gain is evaluated differently during pregnancy

Per Coding Clinic, 4thQuarter, 2018, p.80 elucidates that BMI should not be assigned on pregnant women with a diagnosis of obesity or morbid obesity because weight gain is evaluated differently during pregnancy. It would still be appropriate to assign a from O99.214 [Obesity complicating childbirth] with a code from category E66-[Overweight and Obesity]